

Back-tracking in conversations

Good conversations depend on good listening, and also on remembering what we said earlier.

That's how we can make links and build good ideas.

In the next family conversation, pause to ask:

- How did we get to this point?
- What were the last three things we said?



Note to parents/carers

This pack contains links to external websites. Whilst we take every care to make sure these are suitable, you may want to check the content before showing them to your children

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Remembering Connections game

First person calls out an object, such as **pencil**.

Next one names something that connects with pencil, e.g. **paper**.

The next one names something that connects with paper, e.g. **white**.

And so on, up to 5 – 15 connections.

Then, together, see if you can remember how you got from the first to the last item.

For age 10+ years



<https://youtu.be/0uHcMt3wm04>

The Piano - Amazing Short from Vietnam is the reminiscence of a man who has touched the story of his life.

Talking Points

- Share some memories, especially of growing up, maybe even on the phone with grandparents.
- Would we be happier if we forgot the sad times in our lives?
- Would life be much poorer without music and art?

Linked Activity

- Ask an older person in your family to tell you about a difficult time from their earlier life.
- Discuss what memories you might want to share about the current lockdown in years to come.